



# shepherd's center

OF ANNANDALE SPRINGFIELD

THE SHEPHERD'S CALL

MARCH/APRIL 2017

## **SCAS Lunch N' Life**

**Thursday, March 23rd**

**11:30 am -1:00 pm**

**United Baptist Church**

**7100 Columbia Pike, Annandale, VA. 22003**



**Cost is \$10**, which includes food, fellowship, entertainment and a chance to win a door prize.

Join us to hear Rev. Dr. Chris Looker speak about his missionary work in Ireland. Reverend Looker is always a very interesting speaker. Then stick around to hear some Irish music led by Ron Freeman on piano.

**ACCA Food Pantry Donations** wanted. Bring in any non-perishable food and we will deliver to ACCA.

Please **call the SCAS office** to reserve your seat by Monday, March 20, at **703-941-1419** and send your check to the office. Pre-payment is required as our luncheons are catered.

## **CARS—Donate your vehicle and help raise funds for SCAS!**

Do you have a vehicle you no longer use or just want to get rid of? Vehicles include autos, boats, RV's, motorcycles, or trucks. You may donate your vehicle whether it is running or not.

Donate your vehicle to SCAS by calling 1-855-500-RIDE (7433). You will need the title, but call anyway if you don't have it, as arrangements can be made. Once you call about the donation, you will receive a return call within 24 hours to schedule the pick-up of your vehicle within a week.

Since SCAS is a 501c3 non-profit organization, you will receive the paperwork for tax purposes after the vehicle has been towed and processed.

## **Day Trip**

**To Morven Park in Leesburg, VA**

**Thursday, April 20, 2017**

**Board the bus at 9:00 am and return around 4 from Annandale United Methodist Church**

**6935 Columbia Pike, Annandale, VA 22003**

Morven Park is the Governor Westmoreland's house.

There will be a tour of the main house and carriage house, and the museum. The cost is \$35 for bus and tour. Lunch on your own nearby.

## **Save the Date for the Annual Volunteer Appreciation Luncheon.**

**Lunch N' Life**

**Thursday, May 25th 11:30-1:00 pm.**

Join for a Country & Western dance. Music will be by the Deep Crater Boys. All are welcome!

## **SCAS Lunch N' Life**

**Thursday, April 27th**

**11:30 am -1:00 pm**

**Church to be determined  
Annandale or Springfield**



**11:30-12:30**

Join us to hear, the very talented Celebration Singers, a very entertaining group of singers that have been singing for 50 years. They sing classical, religious, pop and folk songs. They even performed at the Kennedy Center Opera House Orchestra this past Christmas Season.

**12:30-1:00 lunch**

**ACCA Food Pantry Donations** wanted. Bring in any non-perishable food and we will deliver to ACCA.

Please **call the SCAS office** to reserve your seat by Monday, April 24th, at **703-941-1419** and send your check to the office. Pre-payment is required as our luncheons are catered.

## ***Serving Together***

***If you are a veteran, currently serving in the military, or a family member, Serving Together is here for you!***

Serving Together, a program of EveryMind, was launched in 2011 to coordinate community-based resources for service members, veterans and their families in the DC region. Our mission is to make it easier for all those who have served in the Armed Forces, National Guard or Reserves, and their families to access the local services they need.

Service members, veterans and their family members, regardless of rank, service era or discharge status, can connect with Serving Together's Veteran and Family Peer Navigator who can answer questions and direct them to specific resources to best fit their needs. From benefits and education assistance to financial, health care, legal and employment resources, Serving Together's staff can connect veterans with opportunities and resources they may not even be aware of in the area. To contact the Veteran and Family Peer Navigator, please call 1-855-738-7176 or e-mail [PeerNavigator@ServingTogetherProject.org](mailto:PeerNavigator@ServingTogetherProject.org).

Visit [www.ServingTogetherProject.org](http://www.ServingTogetherProject.org) for upcoming events, information, helpful guides & checklists, and an online searchable database of community resources for veterans.

## ***Volunteers Needed at SCAS***

**Do you have a few hours a month you can spare to help SCAS?**

Volunteers are needed:

**Adventures in Learning** committee—help set up and clean up, locate speakers

**Lunch N' Life** committee— help set up and clean up, locate speakers

**Board of Directors**— help guide SCAS

**Outreach**— contact churches and businesses

**Drivers** for our transportation service are always needed.

Please call to volunteer or for more information.

## ***Newsletter by Email***

Please give us your email address so we can save some paper as well as printing and mailing costs. Get the news faster and in color by email.

If you do not wish to receive this newsletter, please let us know.

## ***The Shepherd's Center of Annandale Springfield (SCAS)***

SCAS is a non-profit interfaith organization sponsored by area congregations and community groups to serve seniors 50 and older in the Annandale and Springfield areas of Northern Virginia. Since 2004, SCAS has been providing programs for transportation, socialization and learning for senior adults.

## ***Recent Lunch N' Life:***

**The Lunch N' Life at St. Alban's Episcopal Church on January 27th** was a huge success thanks to The Olli Players led by Ms. Kathy West. The Olli Players put on a 1-act play. Their programs was very funny and enjoyable.

Thank you Kathy, Norm, and cast!

Thank you Pastor Jeffrey Shankles for the use of the beautiful hall. Thanks to Fred for saying the opening prayer for us to start the luncheon and thank you to the volunteers for help in setting up and cleaning up. What a great job you did!

Thanks also goes out to Lavern McGrail and the students of S. John Davis Culinary School for catering the wonderful lunch buffet. The food was delicious and plentiful. The winner of the gift card to Bob Evans was Ms. Martha Lowe. A card is given away at every Lunch N' Life, so join us in February and maybe you will be the next lucky winner.

## ***Thank You for Your Support***

We realize that much of our work would not be possible without your generous and dedicated support, and we would like to let you know how much we recognize and appreciate your continuing contributions.

## ***Consider SCAS in your estate Planning or IRA payout***

Over 70 1/2 and taking funds from your IRA? If you need to make donations SCAS could use your help. Your donation will be put to work to provide services that assist senior adults (50+) in our area to live independently. All donations are greatly appreciated!

Are any of your stocks perpetually underperforming? If so, now is a perfect time to dump them. You can deduct up to \$3,000 in net capital losses from your income, and can donate them to charities. Make a gift of stock to your favorite 501(c)3 organization like SCAS. Then, take a deduction for its full value. You avoid the capital gains tax by making a donation and potentially reduce your tax liability with the deduction.

### ***In Memoriam***

Ken Laun, a long time driver for the Shepherd's Center, passed away on New Year's Day. Ken drove along with his wife Barbara and they gave many hours supporting SCAS. Ken will be greatly missed. Thank you to the Laun family for all your generous donations in his name.

### ***First Presbyterian Church of Annandale Concert***

**Sunday, March 26th at 3:00 pm**  
**7610 Newcastle Dr., Annandale, VA 22003**

Lenten music will be led by Ron Freeman, Choral Director. Some songs will be in English and some in Latin. Come hear the music and bring your friends, neighbors, and relatives.

### ***First Presbyterian Church of Annandale Recital***

**Saturday, March 18th at 6:00 pm**

#### **"The Wonderful World of Animation Music."**

Danny DeVera and Adam Gambrel present a history of Disney animation.

They are volunteering his time and energies along with a few of his talented friends to create this fun recital. Free will donations will be greatly appreciated. Any extra funds exceeding his expense to go to FPCA organ restoration fund. To donate now go to <https://www.gofundme.com/historyofmusicalanimationcab>.

### ***Shepherd's Center Oakton-Vienna Lunch N' Life***

**Monday, March 13th 12:00 noon-1:00 pm**  
Emmanuel Lutheran Church, 2589 Chain Bridge Rd. Vienna, VA.

Fun entertainment by Elaine Flynn as she portrays Alice Roosevelt Longworth, Theodore Roosevelt's daughter in "Scandals in the City."

Cost is \$10 per person. Prepayment by March 6th. Call the Shepherd's Center at 703-281-0538 to register.

### ***Shepherd's Center Fairfax-Burke Lunch N' Life***

**March 16th, 12 noon - 2 PM**  
Jubilee Christian Church, 4650 Shirley Gate Rd., Fairfax, VA.

The speaker will be Mike McGrath, syndicated Public Radio Gardening Show Gardening Editor, Columnist, and Author. Cost is \$10.00 per person. Call Bea Stephenson at 703-273-5730 to register by March 10th. See <http://www.scfbva.org>

### ***Testimonials***

**From Ruth W.** - All the drivers I've had over the past 2 years have been so nice. They are all so kind and attentive. They are very helpful. They are all wonderful.

**From Roslyn S.** - the Shepherd's Center has a fantastic responsive team of people in the office. When there is a need for a change of appointments the staff and drivers are very flexible and accommodating.

### ***Quote of the month:***

"In the end it's not the years in your life that counts, it's the life in your years."  
Abe Lincoln



**Vivian L. Muccio, M.A., CCC-A, FAAA**  
Audiologist/Hearing Aid Specialist  
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## UPCOMING EVENTS

3/23/17 Lunch N' Life

4/5-5/6 Adventures In Learning

4/20/17 Day Trip

4/27/17 Lunch N' Life

5/25/17 Lunch N' Life and  
Appreciation Luncheon



Our thanks to Greenspring for printing this newsletter.



Proud member of the Annandale Chamber of Commerce



SCAS supports the transportation initiatives of Fairfax County's 50+ Community Action Plan. Find out more at [fairfaxcounty.gov/OlderAdults](http://fairfaxcounty.gov/OlderAdults).



**shepherd'scenter**  
OF ANNANDALE SPRINGFIELD

7610 Newcastle Drive  
Annandale, VA 22003

## SUPPORTING CHURCHES

Annandale United Methodist Church  
First Presbyterian Church of Annandale  
Grace Presbyterian Church  
Holy Spirit Catholic Church  
Hope Lutheran Church  
John Calvin Presbyterian Church  
Mount Pleasant Baptist Church  
Ravensworth Baptist Church  
Parkwood Baptist Church  
St. Alban's Episcopal Church  
St. Barnabas Episcopal Church  
St. Mark's Lutheran Church  
St. Matthews United Methodist Church  
Sleepy Hollow United Methodist Church  
United Baptist Church

## BOARD OF DIRECTORS

Dick Stewart, Chair  
Fred Chatelain, Treasurer  
Gail Fewell, Assistant Treasurer  
Martha Lowe  
Beth Mason  
Dolores Vestrich  
Nellie Al-Saigh  
Nancy DeVera  
Barbara Gatorian

## SUPPORTING ORGANIZATIONS

AARP  
ACCA  
Annandale Women's Club  
Ar Rahman Foundation  
Arden Courts Memory Care Community  
Fairfax Agency on Aging  
Greenspring  
Hearing Solutions of Fairfax  
Home Instead  
Leewood Healthcare Center  
Serving Together  
Silver Dragon Studio  
Shepherd's Center of Fairfax Burke  
Shepherd's Center of Oakton Vienna  
Shepherd's Center of America  
Tina Williams Photography

## OFFICE STAFF

Barbara Gatorian, Office Director  
Tony Wonkovich  
Marge Miller  
Patsy Vandiver  
Diane Levesque

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### Website:

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**Telephone: 703-941-1419**



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