



ANNUAL REPORT 2019

Seniors Serving Seniors

The Board of Directors

From left to right: (Back row)
Martha Lowe, Dick Stewart, Barbara Gatorian, Nancy DeVera, Martha Lowe, Pat Sawhaney.

(Front row) Fred Chatelain, Dolores Vestrich.

Not shown: Nellie Al-Saigh



Dear Friends of SCAS,

As we look back at 2019 as our 17th year serving the local community, we can say "it was a pretty good year." Our Transportation Program was energized with new volunteer drivers to transport our local Seniors to doctors visits, chemotherapy treatments, dialysis, dentists, physical therapy, grocery stores and food banks. Our veteran drivers continue to hit the road, piloting the new Transportation clients, as well as our 'frequent flyers.' We continue to seek more volunteer drivers to help the ever-growing demand to combat transportation insecurity in Annandale, Springfield, and parts of Alexandria.

We hosted a plethora of wonderful engagements at our monthly Lunch N' Life's (LNL), including many delightful speakers, Irish dancers, Oktoberfest band, and end of year holiday music. We have another year of fun filled, diverting and amusing education and entertainment. If you have never been to a LNL, we welcome you to join! A well prepared, hot lunch, great conversation with fellow Seniors, and a fantastic time to learn something new for an affordable price that just can't be beat!

We had rave reviews about our Day Trips from Laurel, Maryland to the Blue Ridge Mountains to our capital of Richmond, Virginia. A small band of 15 day trippers travel in the bus from United Baptist Church to local places of interest. We have more interesting places planned for 2020; check out our improved website for the list!

As we make this transition into 2020, I want you to know that my belief in SCAS has never been stronger. It is a great privilege for me to help lead this outstanding Non-Profit into the future. I would like to thank our employees for their tireless dedication, our clients for their trust in us, our partners, sponsors, and churches in the community for their continued support, and our donors for their belief in helping local Seniors in need.

Though all of this would not be able without our dedicated volunteers. The Board of Directors, made up of 10 intelligent, kind Seniors, care about the mission of SCAS and our commitment to its future. We have recently had a change in leadership. Dick Stewart served 9 years as Chairman of the Board. He decided it was someone else's turn so he handed the baton over to me. We all continue to rely on Dick's expertise as he continues to serve on the Board. New Treasurer, Margo Bendery, has volunteered in the office for the past 3 years and will pick up duties to keep the books. New Office Director, Erin O'Reilly, joined us in June 2019, and is a valuable asset to SCAS. Erin brings a new vitality to the organization. You can speak to her when you call the office.

We look forward to the challenges of 2020. We want to make 2020 another "bold and fantastic year," continuing the successful growth of our transportation, socialization and engagement programs. We know that our vision is attainable if we all work together.

Thank you for your support.

Sincerely,

Barbara Gatorian

Barbara Gatorian
Board Chair

Mission

To provide opportunities for adults 50 and above to live independent, meaningful lives through programs of enrichment and service.

Financial Statement

| Income | 2019 Actual | 2020 Budget |
|---------------------------------|-------------|-------------|
| Lunch N' Life | \$ 5493 | \$ 6000 |
| Day Trips | \$ 1548 | \$ 1500 |
| Personal Letter Donations | \$ 4850 | \$ 4000 |
| Faith Group Donations | \$ 6393 | \$ 5000 |
| Business Donations | \$ 93 | \$ 500 |
| Membership | \$ 1838 | \$ 700 |
| Newsletter Ads | \$ 1193 | \$ 1200 |
| Miscellaneous | \$ 280 | \$ 150 |
| Total Income: | \$26,463 | \$22,100 |
| Expenses | | |
| Lunch N' Life | \$ 5233 | \$ 4000 |
| Day Trips | \$ 874 | \$ 500 |
| Postage | \$ 1167 | \$ 1200 |
| Printing | \$ 97 | \$ 400 |
| Office Supplies | \$ 1125 | \$ 800 |
| Insurance | \$ 1038 | \$ 1200 |
| Web site/PC | \$ 779 | \$ 300 |
| Telephone/Internet | \$ 1204 | \$ 1200 |
| Payroll | \$ 8765 | \$12500 |
| Miscellaneous Fees | \$ 168 | \$ 150 |
| Total Expenses: | \$21,645 | \$22,940 |
| In kind printing by Greenspring | | |
| In kind office space | | |

In 2019 volunteers contributed 3,796 hours, valued at \$96,532.

ACCOMPLISHMENTS

The Shepherd's Center of Annandale Springfield volunteers:

- **Celebrated 17 years of serving Seniors in our community**
- Donated approximately over 3,796 hours of their time to serve our Seniors. These hours were given by volunteer board and committee members, drivers, office staff, for piloting Seniors to medical facilities and shopping, Lunch N' Life, Special Events, and Day Trips.
- Provided approximately 1,111 rides for local Seniors, taking them to medical appointments, grocery shopping, banking and food bank.
- Served over 420 lunches at our 12 Lunch N' Life programs
- Day Tripped with Seniors to statewide and local attractions including: The Bedford Boys Tribute Center & WWII Monument in Bedford, VA, Lincoln's Cottage & the National Cryptologic Museum
- Sponsored the annual AARP Smart Drivers Course.
- Promoted a fundraising event on social media with Facebook.

Expressions of Gratitude for our volunteers:

"I contacted the center for a neighbor needing transport to a medical appointment. Lovely volunteer took care of the need."

"My wife and I are very happy with the services and activities sponsored by The Shepherd's Center of Annandale. We really enjoy the monthly luncheons held at different churches in our area."

"SCAS has been one of the greatest gifts I've ever been given. I have had six surgeries in two years, and found SCAS on my fourth go round. My family is out west, my church is in Pennsylvania, and my friends are scattered all over the tri-state area. In other words, I have no one to drive me to my doctor's appointments and surgical procedures. Metro Access and Fast Tran are great for getting from point to point, but only Shepherds Center drivers can pick me up after being given anesthesia from an outpatient surgery. Without your service, I don't know what I would have done to get treatment. Thank you is such a small word, but I offer it with my whole heart."



Our 2019 Volunteers:

Alice Butte
 Alice Carlson
 Alicia Duenas
 Ann Hudson
 Arthur Negrin
 Barbara Chatelain
 Barbara Gatorian
 Barry Newman
 Betty Podzius
 Beverly Hirschfeld
 Bo Tomasz
 Carol Webber
 Charlotte Peterson
 Cindy Miller
 Clyde Sexton
 Diane Levesque
 Dick Stewart
 Dolores Vestich
 Fred Chatalain
 Fred MdEldowney
 Gail Coleman
 Gail Fewell
 Gerald Malovany
 Gilda Rodrigues
 Ginny Lenaghen
 Holly Inders
 Jane Shapiro
 Jeff Shearer
 Jeff Zarkin
 John Sears
 Jeani Rasmussen

Kay Tarazi
 Kelly McDermott
 Kristanne Littlefield
 Lisa Rameriz-Capers
 Margo Bendery
 Martha Lowe
 Mary Arnold
 Mary Swingler
 Melvin Ishii
 Nancy DeVera
 Nellie Al-Saigh
 Pat Sawhney
 Patsy Vandiver
 Ray Hanlein
 Rick Priest
 Rob Ambroso
 Robert Earp
 Shelly Brosnan
 Sheryl Jackson
 Susan Bigman
 Ted Gatorian
 Ted Torsch
 Theresa Lagueux
 Tom Mulvey
 Tony Wonkovich
 Valor Christiansen
 Virgil Bodeen
 Whitney Oliver
 Jeff Shearer

SUPPORTING CHURCHES

Annandale United Methodist
 First Presbyterian Church of
 Annandale
 Prince of Peace Lutheran Church
 Grace Presbyterian Church
 Holy Spirit Catholic Church
 Hope Lutheran Church
 John Calvin Presbyterian Church
 Mount Pleasant Baptist Church
 Ravensworth Baptist Church
 Parkwood Baptist Church
 St. Alban's Episcopal Church
 St. Barnabas Episcopal Church
 St. Matthews United Methodist
 St. Mark's Lutheran Church
 Sleepy Hollow United Methodist
 United Baptist Church

SUPPORTING ORGANIZATIONS

AARP
 ACCA
 Annandale Women's Club
 Brightview Woodburn
 Fairfax Agency on Aging
 Greenspring
 Reunion Music Society
 Right At Home
 Silver Dragon Studio
 S. John Davis Culinary School



Reverend Dr. Chris
 Looker; First Presbyterian
 Church Annandale



Lunch N' Life hosted at
 United Baptist Church



Reverend Pam Moyer;
 United Baptist Church

Faith Sponsors

We gratefully acknowledge the use of Fellowship Halls for our Lunch N' Life, Special Events, and the AARP Smart Driver Course. Not only do the Faith Sponsors donate the use of their space, but assist with the set up and clean up of the event. **Thank you:**

- First Presbyterian Church of Annandale for providing our business office
- Greenspring Retirement Village for printing the bi-monthly newsletter
- Annandale United Methodist Church for hosting the holiday season show of Annandale High Women's Choir led by Pat Vaughn & Solo Guitarist Dave Stugress
- Little River United Church of Christ for hosting Board of Supervisor John Cooke
- St. Mark's Lutheran Church for hosting the annual Volunteer Appreciation luncheon with the Nitehawks Swing Band
- St. Alban's Episcopal Church for hosting the AARP Smart Driver Class, Lunch N' Life's Pianist Peggy Newhall & Ron Wiersma on "Loneliness"
- Timberman Masonic Lodge for hosting the Oktoberfest
- Mount Pleasant Baptist Church for hosting the Female Re-enactors of Distinction
- Hope Lutheran Church for hosting Elain Flynn portray "The Four Wives of Hemingway"
- Ravensworth Baptist Church for hosting Maddie Sharpe for a "Medicare Discussion"
- United Baptist Church for hosting the GMU OLLI Players in "From South Dakota to Bali Hai," & the Irish Dance Presentation Lunch N' Life
- St. Barnabas Episcopal Church hosting Gabriel Abaso about "Enlightening Entertainment"



Annandale High Women's Choir singing Holiday Songs



OLLI Players acting in full costume



Les Jackson, AARP Smart Driver Course Instructor

2019

Contributors

Duong G. Georgescu
Shelley C. Brosnan
Claire A. Randall
Sheila Caulfield
Elizabeth Q. Kelly
Elizabeth E. Yeary
Linda A. Vretos
Gertrude L. Roat
Elizabeth F. Caron
Susan Watson
Theresa Lagueux
Melvin Ishii
Barbara & Al Gilbert
Elizabeth Kadera
Nancy Robins
Sabina Tomasello
Jacqueline Waldron
Loretta Nester
Col. Barbara Roy
Michelle Scott
Ruby Osia
Dale Jensen
Anita O'Dea
Sheila Massey
Paul Newcombe
Lillian Wachter
Ravensworth Church
Doleres Vestrich
G.J./Kay Tarazi
Ruth Hartman
Donald Redding
Shirley Sinclair
S.C. Castillo
M/M Virgil Bodeen
Sabina Tomasello
Doris Douglass
Mary Revere
Elizabeth Haynes
Mary Revere
Dick Stewart
LNL Donations
Erma Blassie
Michelle Scott
Carol Dandy
Janet E. Miller
United Baptist Church
Elisabeth Mills
Joseph A. Budzynski

Loretta Nester
Pat Sawhney
St. Alban's Episcopal
M/M Dubbert
Jenai Rasmussen
Cindy Miller
St. Matthew's
Theresa Lagueux
Loretta Nester
Lillian Frances Larson
Helen Reiser
Valerie Andricos
Hortencia Martinez
Mary Revere
Emaline Crewell
Paula Santen
Ming Cribbs
Raymond Cribbs
Ann Hensler
Liz Caron
Ann Hudson
Tony DeVera
Mia Bowmaster
Susan Bowmaster
Carol Rubin
Ed Fry
Paypal Giving Fund
Gisela Harrison
Network for Good
Charitable Adult Rides
Jenai Rasmussen
Mary Atkinson
Josephine Giorgianni
Elise Patak
Elizabeth Norman
V.M. Clark
Ernie Hohman
Irene Mills
Jeremiah Hazlett
Carol Schuffler
Irene Westbrook
AR Rahman Foundation
Jeff Shearer
J A Burwell, MD
Janice Wright
Sheila Caulfield
Wanda Cassell
C.I. Alvarez
Lorraine Marie Rabil

Claire Randall
Wanda Mendez
Zelda Porter
Ann Merrigan
James Shipley
Gail E. McKirdy
Phyllis Huene
Elizabeth Caron
Lanphuong T. Ngugen
Judith Fitton
Ruth Ann Kovach
Hortencia Martinez
M/M Fred Chatelain

Individual donations to the
Lunch N' Life and baskets
very appreciated.

If we neglected to
include your name or
misspelled a name, please
accept our apologies.

SCAS is part of SCA

The Shepherd's Center of Annandale Springfield (SCAS) has been affiliated with The Shepherd's Center of America (SCA) since 2003. It is a partnership of individuals, faith communities, civic organizations and local government working together to provide support and enrichment for adults in our community.

Founded and organized in 1973, The Shepherd's Center of America is now composed of almost 60 centers in North America. Shaping a new image for aging, it provides an opportunity for senior adults to be creative and productive throughout later years. Participants discover they are needed and valued.

2020 Goals

To assist Seniors we will:

- continue to work together and expand our partnerships with our local supportive congregations, sponsors, businesses and community centers
- continue to expand our transportation program and expand our marketing to potential Senior clients in need
- provide interesting and diverting speakers and top notch entertainment at Lunch N' Life and plan expansive, overnight day trips for SCAS members
- increase the opportunities for socialization and camaraderie among Seniors
- welcome new volunteers to enhance our services and programs and work on a new volunteer toolkit to engage neighbors as volunteers, along with Seniors
- reach out to the community by sponsoring community theatre, driver education, and other fundraising events

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