



shepherd's center

OF ANNANDALE SPRINGFIELD

THE SHEPHERD'S CALL

MAY/JUNE 2026

SCAS May Lunch N' Life

Join us for our annual Volunteer Appreciation luncheon with special performance by the OCEAN Celtic Quartet!

Thursday, May 28th, 2026

11:00am to 1:00 pm. 11-11:30 socialization, 11:30-12 lunch, 12-1 performance

St. Mark's Lutheran Church
5800 Backlick Rd, Springfield, VA 22150

Cost is \$20 per person for lunch & performance. Pre-payment is appreciated.

Open to the public. Ages 18 to 100 welcome.

To Register: Call the office at 703-941-1419 by **Tuesday, May 26th** or send an email to shepherdscas@vacoxmail.com.

Send Check To: SCAS, 7610 Newcastle Drive, Annandale, VA 22003.

Beanetics coffee ½ price sale now \$10 each.

SCAS June Lunch N' Life

Come join us for a sing-along medley of summer songs with Bonnie Kendrick.

Thursday, June 25rd, 2026

11:00am to 1:00 pm. 11-11:30 socialization, 11:30-12 lunch, 12-1 sing-along

The United Baptist Church
7100 Columbia Pike, Annandale, VA 22003

Cost is \$20 per person for lunch and songs. Pre-payment is appreciated.

Open to the public. Ages 18 to 100 welcome.

To Register: Call the office at 703-941-1419 or send an email by **Tuesday, June 23rd** to shepherdscas@vacoxmail.com.

Send Check To: SCAS, 7610 Newcastle Drive, Annandale, VA 22003.

Beanetics coffee ½ price sale now \$10 each.

SCAS February Lunch N' Life

We enjoyed relaxing seated yoga with Bonnie Kendrick. Thank you to The United Baptist Church for letting us use your hall. Thank you to Barry Uhlig for making the meal we enjoyed.



Pay for Lunch N' Life with a Credit Card

Do you prefer to pay for Lunch N' Life with a credit card? Now you can!

SCAS has signed up with Zeffy, an easy-to-use platform for sending payments.

Follow this link pay for LNL with a credit card:
[https://www.zeffy.com/en-US/ticketing/lunch-](https://www.zeffy.com/en-US/ticketing/lunch-n-life)



The Shepherd's Center of Annandale Springfield (SCAS)

SCAS is a non-profit interfaith organization sponsored by area congregations and community groups to serve and enrich seniors 50 and older in Annandale, Springfield, Kingstowne, Franconia and parts of Alexandria. Since 2004, SCAS has been providing programs for transportation, socialization and learning for senior adults.

Local Farmer's Markets Are Open!



Farmer's markets are great places to get fresh produce, meats, dairy products, and flowers while also supporting local farmers and businesses. Fairfax County markets are strictly producer-only, meaning that farmers and producers may sell only what they raise on their farms or make from scratch. Here are the schedules for some local farmer's markets.

Annandale:

- Mason District Park, 6621 Columbia Pike, Thursdays from 8 am - 12 noon
- Columbia Pike Farmer's Market, 2820 Columbia Pike, Sundays 9 am - 1 pm
- Wakefield, Audrey Moore Rec Center, 8100 Braddock Rd, Wednesdays 2 pm - 6 pm
- Asiantque, 6911 Columbia Pike, Sundays 5 pm - 9 pm

Alexandria:

- 5844-5862 Kingstowne Center, Fridays from 3 pm - 7 pm
- Southern Towers, 4901 Seminary Road, Saturdays and Sundays from 9 am - 7 pm
- McCutcheon/Mount Vernon, 2501 Sherwood Hall Lane, Wednesdays 8 am - 12 noon

Fun Fact for Spring!

Honey never spoils; pots found in ancient Egyptian tombs have honey that is still edible!



Volunteer Opportunities with SCAS

Do you have a few hours a month you can spare to help SCAS as a volunteer?

- Drivers**—volunteer transportation services
- Lunch N' Life committee**—help set up and clean up, locate LNL speakers and plan fun events
- Board Members**—help guide SCAS
- Outreach**—liaise with churches and businesses
- Fundraiser/grant writer**— help raise funds

Call the SCAS office today to begin giving back. Call 703-941-1419 for details.

Save the Date for July's Lunch N' Life

July 16th—At the American Legion Post 1976 in Annandale, in honor of the Nation's 250th anniversary, Mary Lipsey will present "Ladies of the American Revolution" focusing on Virginia women. Her books will also be for sale at a discount including Aviation History: From Curiosity to Reality (\$10), The ABCs of Flying (\$15), and Almost Forgotten Women: Yesterday's Headliners (\$20). Bring cash or check.



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Ways to Support the Shepherd's Center of Annandale Springfield

Donating IRA Funds to Charity

If you are 70 ½ years old and above and must take a Required Minimum Distribution (RMD), you can contribute directly to a qualified charity (**such as SCAS**) from your IRA while excluding the distributions from taxable income.

Retirees can give up to \$111,000 (in 2026) from a traditional IRA anytime during the year and have it count as their RMD for the year and receive a tax benefit. The distribution must be a direct transfer from the IRA.

Ask your IRA administrator about making a direct transfer to charity.

Bequests to Charity

Bequests are gifts that are made as part of a will or trust. A bequest can be to a person, or it can be a charitable bequest to a nonprofit organization (**such as SCAS**), trust or foundation. Anyone can make a bequest—in any amount—to an individual or charity. Bequests can be simple statements or can provide conditions on the use of the funds.

One approach is to leave bequests to family members or individuals and then leave a residuary charitable bequest to a charity. That way, the individuals get exactly what you want to leave them, and the charity gets funds that remain.

Charitable bequests are flexible and can be updated if circumstances change and they can also help reduce estate tax. A bequest gift can be a way to create a lasting legacy at an organization that supports the cause you care about!

Support SCAS When You Shop at Amazon!

Did you know that you can support SCAS when you shop at Amazon?

Amazon has collaborated with Smile Associates to donate a percentage of purchases to SCAS.

Every time you shop on Amazon, we receive a donation...at no extra cost to you.

You can access it at the following link:

<https://www.smileassociate.com/shepherdscas>.

SmileAssociate™

From the website, click the "Shop Now" button to shop from your computer.

Or download the app to your phone and click the app to shop.

Either way will ensure the purchase is credited to Shepherd's Center of Annandale Springfield.

It's an easy way for your purchases to support our services!

Cars for SCAS! Donate Your Vehicle!

Help SCAS by calling 1-855-500-RIDE (7433) to pick up your car for free. All vehicle sale proceeds benefit SCAS. Get that old car, motorcycle, or boat out of your driveway or garage, **running or not**.

Thank You for Your Support!

Our work would not be possible without your generous and dedicated support. We want you to know how much we recognize and appreciate your continuing monetary contributions. 100% of all contributions stay within SCAS and pay for our programs.



7601 Newcastle Drive
Annandale, VA 22003

ADDRESS SERVICE REQUESTED

Non-Profit Org
US Postage Paid
Permit No. 7264
Merrifield, VA

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shepherdsas@vacomail.com

Website:

www.shepherdscenter-annandale.org

Telephone: 703-941-1419

Visit Us on Facebook

Office hours 10-1 Mon-Fri



Real Possibilities



Proud member of the Annandale Chamber of Commerce



SCAS supports the transportation initiatives of Fairfax County's 50+ Community Action Plan. Find out more at fairfaxcounty.gov/OlderAdults.

OFFICE VOLUNTEERS/STAFF

Tony Wonkovich Margo Bendery
Denise Campbell Honora Daly
Beth Barns Margo Schulze-Haugen
Ted Gatorian Barbara Gatorian

SUPPORTING CHURCHES

- Annandale United Methodist Church
- Bethlehem Lutheran Church
- Capital Baptist Church
- First Presbyterian Church of Annandale
- Grace Presbyterian Church
- Holy Spirit Catholic Church
- Hope Lutheran Church
- Little River United Church of Christ
- Mount Pleasant Baptist Church
- Ravensworth Baptist Church
- Parkwood Baptist Church
- Prince of Peace Lutheran Church
- St. Alban's Episcopal Church
- St. Barnabas Episcopal Church
- St. Mark's Lutheran Church
- St. Matthews United Methodist Church
- The United Baptist Church

BOARD OF DIRECTORS

- Barbara Gatorian, Chair
- Margo Bendery, Treasurer
- Pat Sawhney, Vice Chair
- Dick Stewart
- Nancy DeVera
- Tom Eversole
- Beth Barns
- Denise Campbell
- Honora Daly

SUPPORTING ORGANIZATIONS

- AARP
- ACCA
- Aging Forward (Formerly SCA)
- American Legion Post #1976
- Annandale Women's Club
- Ar Rahman Foundation
- Brightview Senior Living—Woodburn
- Elmer Timberman Masonic Lodge
- Fairfax Agency on Aging
- NV Rides
- Serving Together
- Silver Dragon Studio

Newsletter by Email!

Please send us your email address so we can save paper, printing, and mailing costs. Get the news faster and in color by email.
If you do not wish to receive the newsletter, please let us know.