



shepherd's center

OF ANNANDALE SPRINGFIELD

THE SHEPHERD'S CALL

SEPTEMBER/OCTOBER 2026



SCAS September Lunch N' Life

Join us to learn about Fire Safety in Your Home, what happens when you call 911, and get the File of Life.

Thursday, September 17th, 2026

11:00am to 1:00 pm. 11-11:30 socialization,
11:30-12 lunch, 12-1 lecture.

The United Baptist Church
7100 Columbia Pike, Annandale, VA 22003

Cost is \$20 per person for lunch and lecture.
Pre-payment is appreciated.

Open to the public. Ages 18 to 100 welcome.

To Register: Call the office at 703-941-1419 by
Tuesday, September 15th or send an email to
shepherdscas@vacoxmail.com.

Send Check To: SCAS, 7610 Newcastle Drive,
Annandale, VA 22003 or use Zeffy on line.



Join us on **Saturday, October 10th** for our annual
Oktoberfest! It's great fun!

Come eat great German food and hear some
wonderful German Music by the Kings Park
German Band. Bring your own beer or wine.

11:00am to 1:00 pm. 11-11:30 socialization,
11:30-12 lunch, 12-1 music.

Bethlehem Lutheran Church
8922 Little River Tnpk, Fairfax, VA 22031

Cost is \$20 per person for lunch and music.
Pre-payment is appreciated.

Open to the public. Ages 18 to 100 welcome.

To Register: Call the office at 703-941-1419 or by
Wednesday, Oct. 7th or send an email to
shepherdscas@vacoxmail.com.

Send Check To: SCAS, 7610 Newcastle Drive,
Annandale, VA 22003 or use Zeffy on line.

SCAS July Lunch N' Life

A big thanks to Mary Lipsey who gave a wonderful presentation entitled Ladies of the American Revolution. It was held at the American Legion Post 1976 in Annandale. The hall was decorated in red, white, and blue and it looked so festive.

Thank you, Diane Ramsey, for the use of the hall. The Board brought a great lunch of Chef's salad with ham, cheese, and veggies, three bean salad, ambrosia, rolls & butter, and an apple pie. What a feast it was!

Save the Date for Future Lunch N' Life Luncheons

November 12th - Financial representatives from United Bank. Hear about everything from the basics of savings and checking to investing in annuities and stocks and bonds. We can all learn something about money management.

December 10th - Annandale High School Choirs are back by popular demand. Come hear their angelic voices.

Local Farmer's Markets open till Fall



Afraid of buying produce from a grocery store right now? Go to one of the local markets for fresh produce, baked goods, and gifts.

Kingstowne Farmer's Market

At **Kingstowne Towne Center**

5844-5862 Kingstowne Center Alexandria

3:00 pm to 7 pm

Recurring weekly on Friday until October 23rd

Annandale Farmer's Market

At **Mason District Park** 6621 Columbia Pike

Annandale

8:00 am to 12:00 pm

Recurring weekly on Thursday until October 29th

Wakefield Audrey Moore Rec Center Farmer's Market

8100 Braddock Road, Annandale

2:00 pm. – 6:00 pm **SNAP Accepted**

Recurring weekly on Wednesdays, until October 28th

McCutcheon/Mount Vernon Farmer's Market

2501 Sherwood Hall Lane, Alexandria

Recurring weekly on Wednesdays until November 25,

8:00 am To Noon

Bring your own bags.

The Shepherd's Center of Annandale Springfield (SCAS)

SCAS is a non-profit interfaith organization sponsored by area congregations and community groups to serve seniors 50 and older in Annandale, Springfield, Kingstowne, Franconia, and parts of Alexandria. Since 2004, SCAS has been providing programs for transportation, socialization, and learning for senior adults.

Volunteer Opportunities with SCAS

Do you have a few hours a month you can spare to help SCAS as a volunteer?

Drivers—volunteer transportation services

Lunch N' Life committee—help set up and clean up, locate LNL speakers and plan fun events

Board Members—help guide SCAS

Outreach—liaise with churches and businesses

Fundraiser/grant writer— help raise funds

Call the SCAS office today to begin giving back. Call 703-941-1419 for details.

Knitting for the Needy

Have you always wanted to learn how to knit? Or would you just like to join a group to knit and socialize at the same time in a lovely setting instead of your living room?



Join the knitting group on the 2nd and 4th Wednesday of each month at 2 pm at the Little River United Church of Christ, 8410 Little River Turnpike, Annandale, VA.

Join other knitters from the Shepherd's Center of Annandale Springfield, the Rotary, and members of LRUCC while helping to make hats, scarves, or mittens for the needy. No need to call ahead, just show up. Supplies have been generously donated by the Rotary, District 76 of Annandale.

Thank You for Your Support!

Our work would not be possible without your generous and dedicated support. We want you to know how much we recognize and appreciate your continuing monetary contributions. 100% of all contributions stay within SCAS and pay for our programs.

Mason District Art Festival

The Mason District Art Festival will be held on **Saturday, October 17, 2026** at the **Eileen Garnett Civic Space**, Columbia Pike in Annandale from **10 a.m. to 3 p.m. rain or shine.**

The 2026 festival is the result of more than a year's effort and planning by the Mason District Arts Council, formed in 2024 by local group of artists and supporters in the Mason District of Fairfax County as **an all volunteer effort**. The Council seeks to increase the role of culture in our community through the support of visual and performing artists by promoting community activities, social events, and arts-focused events.

Our goal for the festival is to connect artists with patrons and to support promotion and sales of the artists' work. While cultivating collectors and patrons of the arts, the festival strives to make art accessible to all.

Giving the Gift of a Ride



Thank you volunteers for your time, care and dedication to driving seniors to medical appointments. Below are our “Top 6” drivers and the number of drives they took so far in 2026:

- Ted Torsch - 144
- Thomas Kane - 62
- Brian Alberts – 47
- Catherine Henry - 28
- Shelly Brosnan - 25

Thank you Ted, Tom, Brian, Catherine and Shelly!!
The Transportation Program is our primary mission.

Can you help out with just a few hours per month? It's easy; just drive a senior to medical appointments or grocery shopping.

You would be helping people over 50 years old who no longer drive. It is so hard for them to get around when they need to. Your help would be so appreciated, and you may make a new friend.

Slainte Irish Blessing

May Leprechauns strew happiness

Wherever you walk each day

And Irish angels smile on you

All along the way



PAT SAWHNEY
RE/MAX REALTY GROUP

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PATSAWHNEY42@GMAIL.COM
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- REFERRALS TO HELP PREPARE FOR A MOVE
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- REFERRAL TO EXPERT FOR FINDING BEST SENIOR LIVING
- UNIQUE MARKETING FOR BEST PRICE AND TERMS
- NEGOTIATING AND ADVOCATING FOR YOUR BEST INTERESTS

I HAVE OVER 50 YEARS EXPERIENCE AND AM A
"SENIOR REAL ESTATE SPECIALIST" WITH MANY
SATISFIED CLIENTS! I LOOK FORWARD TO WORKING

Fire Departments' Open House

Founded in 1940, Annandale Volunteer Fire Department (AVFD) is a non-profit charitable organization and one of 12 volunteer fire departments in Fairfax County.

Visit **Saturday October 11 for the Annual Open House.** * Meet A Firefighter & EMT * Learn About Fire Safety *

Explore a fire truck, teach your kids/grandkids about fire safety, and meet Hector the Smoke Detector and Sparky the Fire Dog

The [Fairfax 1](#) helicopter is scheduled to land behind the Annandale Fire Station, 7128 Columbia Pike, between noon and 1 p.m., weather permitting.

Visitors will also have a chance to meet a firefighter and emergency medical technician, explore firefighting equipment, view fire and rescue demonstrations, get a free blood pressure screening, take part in other activities and games, and have a snack.

All Fairfax County fire stations are hosting an open house on Saturday, 10 a.m.-4 p.m., as part of [National Fire Prevention Week](#).

This year's theme is all about the safe use of lithium-ion batteries.

Blood Donors Needed

American Red Cross has declared a national blood supply crisis due to a severe drop in donations, creating an urgent, critical need for all blood types—especially Type O positive and negative. Schedule an appointment: Book a time slot near you through the American Red Cross or call 1-800-RED-CROSS (1-800-733-2767).

Donated blood is needed to treat people with severe injuries from accidents, replace blood lost during surgery or childbirth, and care for patients with cancer or blood disorders.

Cars for SCAS! Donate Your Vehicle!

Help SCAS by calling 1-855-500-RIDE (7433) to pick up your car for free. All vehicle sale proceeds benefit SCAS. Get that old car, motorcycle, or boat out of your driveway or garage, **running or not**.



ADDRESS SERVICE REQUESTED

Non-Profit Org
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Permit No. 7264
Merrifield, VA

7601 Newcastle Drive
Annandale, VA 22003

Email Address:

shepherdschas@vacoxmail.com

Website:

www.shepherdscenter-annandale.org

Telephone: 703-941-1419

Visit Us on Facebook

Office hours 10-1 Mon-Fri



Proud member of the Annandale
Chamber of Commerce



SCAS supports the transportation initiatives of Fairfax County's 50+ Community Action Plan. Find out more at fairfaxcounty.gov/OlderAdults.

OFFICE VOLUNTEERS/STAFF

Tony Wonkovich
Denise Campbell
Beth Barns
Ted Gatorian

Margo Bendery
Honora Daly
Barbara Gatorian

SUPPORTING CHURCHES

Annandale United Methodist Church
Bethlehem Lutheran Church
Capital Baptist Church
First Presbyterian Church of Annandale
Grace Presbyterian Church
Holy Spirit Catholic Church
Hope Lutheran Church
Little River United Church of Christ
Ravensworth Baptist Church
Parkwood Baptist Church
Prince of Peace Lutheran Church
St. Alban's Episcopal Church
St. Barnabas Episcopal Church
St. Mark's Lutheran Church
St. Matthews United Methodist Church
The United Baptist Church

SUPPORTING ORGANIZATIONS

AARP
ACCA
Aging Forward (Formerly SCA)
American Legion Post #1776
Annandale Women's Club
Brightview Senior Living—Woodburn
Fairfax Agency on Aging
NV Rides
Serving Together
Silver Dragon Studio

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save paper, printing, and
mailing costs. Get the news
faster and in color by email.
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the newsletter, please let us
know.