



shepherd's center

OF ANNANDALE SPRINGFIELD

THE SHEPHERD'S CALL

SCAS November Lunch N' Life

Join us to learn about your money. Hear from the Vice President/Branch Manager and a financial advisor of United Bank.

Thursday, November 12, 2026

11:00 am to 1:00 pm. 11-11:30 socialization, 11:30-12 lunch, 12-1 lecture

First Presbyterian Church of Annandale

7610 Newcastle Dr, Annandale, VA 22003

Cost is \$20 per person for lunch and lecture
On the menu is baked potatoes, chili topping, salad, brownies, coffee, tea, and water.

Open to the public. Ages 18 to 100 welcome.

To Register: Call the office at 703-941-1419 by **Tuesday, November 10th** or send an email to shepherdscas@vacoxmail.com.

Send Check To: SCAS, 7610 Newcastle Drive, Annandale, VA 22003. Pre-payment is appreciated. See our website for more info.

SCAS September Lunch N' Life

We enjoyed a presentation by the Annandale Volunteer Fire Department. We learned a lot about fire safety in our homes. We thought we already knew it all, but we did not. They gave out the File of Life and many other useful items. Thank you very much for the gifts!

Thank you Pastor Pam for letting us use your Fellowship Hall.

Thank you, Barry Uhlig, for making the meal we enjoyed.

NOVEMBER/DECEMBER 2026

SCAS December Lunch N' Life

Come hear the wonderful voices of the Annandale High School Choirs, back by popular demand!

Wednesday December 9th, 2026

11:00 am to 1:00 pm. 11-11:30 socialization, 11:30-12 lunch, 12-1 musical presentation.

Annandale United Methodist Church

6935 Columbia Pike, Annandale, VA 22003

Cost is \$20 per person for lunch and music.
Menu is lasagna, green beans, salad, cookies, coffee, tea, ice water.

Pre-payment is appreciated.

Open to the public. Ages 18 to 100 welcome.

To Register: Call the office at 703-941-1419 or send an email by **Friday, December 1st** to shepherdscas@vacoxmail.com.

Send Check To: SCAS, 7610 Newcastle Drive, Annandale, VA 22003. To pay by credit card via Zeffy, copy this link: <https://www.zeffy.com/en-US/ticketing/lunch-n-life>

Oktoberfest 2026

Wow, what a good time we all had at this annual event. The Kings Park German Band was wonderful. See our website for pictures or Facebook page for video.

Barry Uhlig and Mike Opsasnick cooked up some wonderful German food which everyone loved!.

Thank you, Bethlehem Lutheran Church, for the use of the wonderful hall. If you missed this one, come to the next one in 2027.

NVCC and the Reunion Music Society

Present the NOVA Symphony Orchestra
“Gustav Hulst’s The Planets”
With NOVA Annandale and NOVA Alexandria
Chorus

Saturday, November 18th at 8 pm
At the Schlesinger Concert Hall
4915 E. Campus Dr. Alexandria, VA 22311

Includes NASA Goddard Space Flight Center visuals.

General Admission is \$20 per person.
Tickets for our classical concerts are available both at
the door and in advance or online.
Free Parking!
<https://www.reunionmusicsociety.org/>

Donating to ACCA

In 2027, ACCA will celebrate 60 years of community service! As we approach this milestone, we invite you to help us continue this important work. Your generosity helps local families facing food insecurity, housing instability, unexpected medical expenses, and other emergencies.

Over the past 12 months, ACCA Human Services has assisted 1,950 families, representing 5,681 individuals in our community. These services support families with young children, seniors on fixed incomes, survivors of domestic violence, and individuals facing physical or mental health challenges. Please consider donating today. You can contribute by check or online at ACCAcares.org. You can also donate food items to the food party or bring non-perishables to an SCAS Lunch N’ Life and we will bring it over to ACCA for you.

Thank you for helping ACCA build a stronger, more caring community as we enter our 60th year of service.

Respectfully,

Tamika Smith

7200 Columbia Pike
Annandale, VA 22003
703-256-0100
info@accacares.org

The Shepherd’s Center of Annandale Springfield (SCAS)

SCAS is a non-profit interfaith organization sponsored by area congregations and community groups to serve and enrich seniors 50 and older in Annandale, Springfield, and parts of Alexandria. Since 2004, SCAS has been providing programs for transportation, socialization and learning for senior adults.

Volunteer Opportunities with SCAS

Do you have a few hours a month you can spare to help SCAS as a volunteer?

Drivers—volunteer transportation services

Lunch N’ Life committee—help set up and clean up, locate LNL speakers and plan fun events

Board Members—help guide SCAS

Outreach—liaise with churches and businesses

Fundraiser/grant writer— help raise funds

Call the SCAS office today to begin giving back. Call 703-941-1419 for details.

Donating to ECHO

Ecumenical Community Helping Others (ECHO) provides food, clothing, houseware and financial assistance to individuals and families in need in the Burke/Springfield community. ECHO is a non-profit helping those in need for over 55 years.

There is a need for donors to provide a holiday meal for a deserving family (or gift cards so they can buy their own). Cards of value are preferred in \$35 to \$75 increments.

See the website for details at:

<https://www.echo-inc.org/donate/seasonal-programs/>
For more information contact Fran Ech at
703-569-0814 or email franalanec@msn.com

Thank You for Your Support!

Our work would not be possible without your generous and dedicated support. We want you to know how much we recognize and appreciate your continuing monetary contributions. 100% of all contributions stay within SCAS and pay for our programs.

Tis the Season for Giving



Give the Gift of a Ride

The SCAS/ACCA Transportation Program is our primary mission. **Can you help out with just a few hours per month?** It's easy; just drive a senior to medical appointments or grocery shopping. You can get your shopping done at the same time.

You would be helping people over 50 years old who no longer drive. It is so hard for them to get around when needed. Your help would be so appreciated, and you may make a new friend.

Give the Gift of Money

Donations help keep the lights on and the phones answered. Funds also allow us to keep bringing monthly educational or fun Luncheons to you. We love donations in any amount, big or small. Just send a check to the office. And now you can donate by credit card on our website. Make a secure donation to SCAS with Zeffy. Go to <https://shepherdscenter-annandale.org/donate/>

Part-time paid position open at SCAS

Office Manager wanted Monday through Friday 10 am to 1 pm.

The office is located at 7610 Newcastle Dr., Annandale VA 22003.

See our website for the Job Description at www.shepherdscenter-annandale.org

NARFE

NARFE is a nonpartisan organization founded in 1921 to protect and preserve the earned pay, retirement benefits, and healthcare rights of active and retired federal employees, postal workers, and their families.

If you're a current or former federal employee, or a spouse or survivor entitled to a federal annuity, you're eligible to join NARFE. Take control of your benefits and future today!

NARFE Chapter 0893 in **Springfield, Virginia**, is a local chapter of the NARFE, led by Chapter President Otis Langford.

Meetings are held on the 2nd Wednesday of each month. (12:00 PM lunch / 1:00 PM meeting) at La Fiamma, 6124 Franconia Road, Alexandria, VA 22310.

<https://www.narfe.org/blog/chapter/springfield-0893/>.

or see the website for the Annandale chapter <https://www.narfe.org/chapter1159>.

Mason District Government Center, 6507 Columbia Pike, Annandale VA. Contact Ed Reniker, Chapter Secretary, reniker.ed@gmail.com, 703-250-5703.

Free Property Alert Notification System



Stay alert – protect your property!!

Fairfax County and City of Fairfax property owners can now sign up for the free Fairfax Circuit Court Property Alert Notification System through MyFairfax. The service sends email alerts when documents matching an owner's name are filed with the court's Land Records office, helping property owners identify potential fraud or suspicious activity involving their real estate records. To learn more and sign up, visit the [Fairfax Circuit Court website](http://FairfaxCircuitCourtwebsite).



PAT SAWHNEY
RE/MAX REALTY GROUP

703.395.9214
PATSAWHNEY42@GMAIL.COM
SEE MY VIDEO: GETMOVINGWITHPAT.COM



HERE'S WHAT PAT SAWHNEY CAN DO FOR YOU:

- REFERRALS TO HELP PREPARE FOR A MOVE
- GUIDANCE ON WHETHER TO RENOVATE OR NOT
- REFERRAL TO EXPERT FOR FINDING BEST SENIOR LIVING
- UNIQUE MARKETING FOR BEST PRICE AND TERMS
- NEGOTIATING AND ADVOCATING FOR YOUR BEST INTERESTS

I HAVE OVER 50 YEARS EXPERIENCE AND AM A "SENIOR REAL ESTATE SPECIALIST" WITH MANY SATISFIED CLIENTS! I LOOK FORWARD TO WORKING

Cars for SCAS! Donate Your Vehicle!

Help SCAS by calling 1-855-500-RIDE (7433) to pick up your car for free. All vehicle sale proceeds benefit SCAS. Get that old car, motorcycle, or boat out of your driveway or garage, **running or not**.



7601 Newcastle Drive
Annandale, VA 22003

ADDRESS SERVICE REQUESTED

Non-Profit Org
US Postage Paid
Permit No. 7264
Merrifield, VA

Email Address:

shepherdscenter@vacoxmail.com

Website:

www.shepherdscenter-annandale.org

Telephone: 703-941-1419

Visit Us on Facebook

Office hours 10-1 Mon-Fri



Proud member of the Annandale
Chamber of Commerce



SCAS supports the transportation initiatives of Fairfax County's 50+ Community Action Plan. Find out more at fairfaxcounty.gov/OlderAdults.

OFFICE VOLUNTEERS/STAFF

Tony Wonkovich	Margo Bendery
Denise Campbell	Honora Daly
Beth Barns	
Ted Gatorian	Barbara Gatorian

SUPPORTING CHURCHES

Annandale United Methodist Church
Bethlehem Lutheran Church
Capital Baptist Church
First Presbyterian Church of Annandale
Grace Presbyterian Church
Holy Spirit Catholic Church
Hope Lutheran Church
Little River United Church of Christ
Mount Pleasant Baptist Church
Ravensworth Baptist Church
Parkwood Baptist Church
Prince of Peace Lutheran Church
St. Alban's Episcopal Church
St. Barnabas Episcopal Church
St. Mark's Lutheran Church
St. Matthews United Methodist Church
The United Baptist Church

BOARD OF DIRECTORS

Barbara Gatorian, Chair
Margo Bendery, Treasurer
Pat Sawhney, Vice Chair
Dick Stewart
Nancy DeVera
Beth Barns
Denise Campbell
Honora Daly

SUPPORTING ORGANIZATIONS

AARP
ACCA
Aging Forward (Formerly SCA)
American Legion Post #1776
Annandale Women's Club
Ar Rahman Foundation
Brightview Senior Living—Woodburn
Elmer Timberman Masonic Lodge
Fairfax Agency on Aging
NV Rides
Serving Together
Silver Dragon Studio

Newsletter by Email!

Please send us your email address so we can save paper, printing, and mailing costs. Get the news faster and in color by email.
If you do not wish to receive the newsletter, please let us know.